

Edwards Air Force Base

July-September 2024

# SABRE

412th Force Support Squadron

**Dive into a lineup of exciting events for all ages! From splashy pool days and kids' sports to live band karaoke and comedy shows, there's something for everyone. Stay cool and entertained this summer on Base!**



Meet the 412th FSS's new mascot Jimmie the Jackalope.



# Meet Jimmie the Jackalope

Introducing the 412th Force Support Squadron's newest and furriest member, Jimmie the Jackalope! With a blend of mythical charm and boundless energy, Jimmie is here to bring a touch of whimsy and fun to all our events and activities. Wherever Jimmie pops up, fun and excitement are sure to follow. Keep an eye out for his antics and join in the fun as we welcome our fantastic new mascot!



Hi there, folks! I'm Jimmie the Jackalope, your new go-to for all things fun and exciting at the 412th Force Support Squadron. The name "jackalope" comes from a blend of "jackrabbit" and "antelope," reflecting our unique look and legendary status. Did you know jackalopes are known for their incredible speed and sharp wit? Legend has it, we can mimic any sound we hear and are experts at evading capture. I'm thrilled to join the squadron and can't wait to bring a smile to your face. Get ready for hilarious hijinks, epic adventures, and a whole lot of laughs. Wherever I show up, you can bet there will be fun and excitement. See you soon, and let the adventures begin!

## ValleyWide Dental

Creating Beautiful Smiles

**\$500 off Braces or Invisalign**  
EASY FINANCING AVAILABLE

### **FREE LASER Teeth Bleaching**

**In Chair Laser plus  
Home Bleaching Kit  
(\$600.00 value)  
or \$50 Gas card**

With New Patient Exam and X-Rays!  
Must be candidate for bleaching.  
Limit two per household.

#### Invisalign

- Clear aligners are virtually invisible
- Smooth comfortable plastic aligners
- Aligners are removable for easy cleaning
- Eat whatever you want

#### Braces

- Requires brackets and wires
- Wires can poke and irritate mouth
- Brushing and flossing require more effort
- Many food restrictions



Must bring in this ad for discount.  
**OPEN SATURDAYS**

**Dr. Robert Haze & Associates**  
**1021 West Ave. M-14, Palmdale, CA 93551**  
**CALL 661-267-4000 or valleywidedental.com**





## 4 Club Muroc

Indulge in camaraderie, cuisine, and cocktails.

## 6 Rosburg Fitness Center

Where strength meets community, shaping a healthier you.

## 7 Outdoor Recreation

Embark on adventures and embrace the great outdoors.

## 8 Library

Discover stories and community, with engaging programs for all ages.

## 9 High Desert Lanes Bowling Center

Strikes, snacks, and fun for everyone.

## 11 Arts & Crafts

Your canvas for creativity and inspiration.

## 13 Muroc Lake Golf Course

Tee off and dine for the perfect fusion of golf and gourmet.

## 14 Military & Family Readiness Center

Your support system for thriving military families.

## 17 Oasis Community Center

Your oasis of relaxation, recreation, and connection.

## 17 Information, Tickets & Travel

Your ticket to unbeatable deals and unforgettable adventures.

## 19 Youth Programs

Nurturing growth and fun for all ages, from school-age adventures to teen hangouts and early childhood enrichment.

## 20 Helping Agencies

Your support system for navigating life's challenges and thriving.

## 22 Event Calendar

Your one-stop for events.

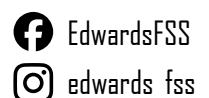


412 TW Commander **Col Douglas P. Wickert**  
412 MSG Commander **Col Jarod P. Blecher**  
412 FSS Commander **Maj Christine N. Johnson**  
Deputy Director **Anthony Chatfield**  
Marketing Director **Timeka Lucio**  
Commercial Sponsorship **Erin Reynolds**  
Graphic Designer **Tanna Ayres-Choice**  
Graphic Designer **Emily Bostwick**  
Digital Media Assistant **Jaelyn Ureta**

Want more from the 412th FSS at Edwards?  
From awesome events to delicious dining spots, **EdwardsFSS.com** has you covered. So why wait? Connect, discover, and make the most of your time here. Head to **EdwardsFSS.com** now and start exploring today!



**Follow us for updates and  
exclusives on social media!**



# Club Muroc

## FSS Insider Events

### First Friday

Friday, July 12, August 2, September 6  
4:30-6:30pm

Celebrate First Fridays with us! Enjoy complimentary appetizers exclusively for FSS Insiders 18 and up. Don't miss the fun!

**July:** Summer BBQ

**August:** Mediterranean

**September:** Football Tailgate

### Members Lunch

Tuesday, July 16

Wednesday, August 21

Thursday, September 19

11am-1pm

FSS Insiders, join us for our monthly Members Lunch in a new way! You can now try our delicious Action Stations, on the house!

### Hey, FSS Insiders!

Add some excitement to your Fridays with our Club Cash Fridays. Every Friday, FSS Insiders have a chance to win cash with a progressive jackpot. Be there for your chance to win!

## Become an FSS Insider

Join the Air Force Club at [MyAirForceLife.com](http://MyAirForceLife.com) for perks like free coffee, \$1 off entrees, \$2 off on Tuesdays, and discounts on all Club Muroc events. Club Members are now FSS Insiders with discounts not only at Club Muroc but also at other FSS Facilities at Edwards!



### Signing up is easy!

Scan this code or go to [MyAirForceLife.com](http://MyAirForceLife.com) to join. Then download the Member-Planet app for your membership card.

## COMEDY *from the* CORPS

FRIDAY,  
AUGUST 16

DOORS OPEN AT 6 PM  
SHOW STARTS AT 7 PM

\$5  
TICKETS ON SALE AUGUST 1  
LIMITED SEATING AVAILABLE

FEATURING:  
ADAM RICHMOND  
ELIOT CHANG  
CLAUDE STUART

ADULT COMEDY 18+ ONLY



### Karaoke

Friday, July 19, August 2, August 23, September 6, September 20  
6pm

Free event!

Get ready to shine at Karaoke Night! Sing your heart out, laugh, and make memories with friends in a lively atmosphere.

### Smartphone Trivia

Thursday, July 11, August 8, September 12 | 6pm

Tuesday, July 23, August 27, September 24 | 6pm

Free event!

Join the excitement of Smartphone Trivia! Form teams of up to four, test your knowledge across various topics, and compete for FSS gift cards.

### Texas Hold'em

Friday, July 26, August 23, September 20

Doors open 5:30pm | Game starts 6pm

\$25 | \$20 FSS Insiders

Experience the thrill of Texas Hold'em! Test your luck and strategy as stakes rise every 20 minutes. Enjoy appetizers and compete for a cash prize, the size depending on participants.

## Thirsty Thursdays

### Sip & Dip

Thursday, July 18 | 5:30pm

\$55 | \$50 FSS Insiders

RSVP by July 16

Come and enjoy an evening full of flavors! Delight in four unique dips paired with four distinctive cocktails. 21+ only.

### Mixology

Thursday, August 15 | 5:30pm

\$55 | \$50 FSS Insiders

RSVP by August 13

Discover Mixology! Learn to craft four specialty cocktails paired with appetizers in our ballroom. Elevate your cocktail game and indulge in a flavorful experience. 21+ only.

### Tacos & Tequila

Thursday, September 19 | 5:30pm

\$55 | \$50 FSS Insiders

RSVP by September 17

Savor four premium tequilas expertly paired with four mouthwatering street tacos. Join us for a night of delicious fun and vibrant vibes! 21+ only.

## Inspiration in Motion

Friday, August 9 | 2-4pm and Saturday, August 10 | 1-3pm

Free event for ages 6-17

RSVP by August 7 for two day event (space is limited)

Air Force youths can unleash their creativity in a fun, two-day seminar designing skateboard decks! This exciting program offers a positive, interactive space for young artists to thrive, building resiliency while having a blast. (Two-day commitment required.)



## Boards & Brews

Saturday, August 10 | 4pm-6pm | Social Hour at 3:30pm

Free event for 18+

RSVP by August 7 (space is limited)

Join us for an exciting art program for adults! Paint skateboards with a talented artist while savoring a variety of beers. It's the perfect mix of creativity, fun, and relaxation!



## National Macadamia Nut Day

Wednesday, September 4

Free cookie with every purchase of an entree.

## Oktoberfest

Friday, September 27 | 4-9pm

Free event!

Celebrate Oktoberfest on Club Muroc's back patio with live music by Haselnuss Das Music band! Enjoy festive vibes, great company, and authentic Oktoberfest fun. Don't miss out on this fantastic event!

## Live Band Karaoke

Friday, August 9 | 6pm

Free event!

Get ready to rock the stage at Live Band Karaoke! Join us for a night of music and fun as you take the spotlight with a live band backing you up.



# Rosburg Fitness Center

275-GYMI

## Independence Day Isometric Challenge

Wednesday, July 3 | 6am-9pm

Flex your freedom with this Independence Day challenge! Compete in one category or multiple to showoff your strength featuring isometric holds of the deadlift, standing curl, and front squat.

## August Aquathon

Friday, August 2 | 4:30-6:30pm

From pool to pavement, prove you are the fittest on both terrains with our August Aquathlon! This event will begin at the Oasis pool for a 1km swim followed by a 5k run on the Rosburg Fitness Center running trail.

## Labor Day Lap-a-thon

Sunday, September 1 | 9-10am

Step into the footsteps of progress and resilience! Join us at the Rosburg Fitness Center track to honor the hard-fought victories of laborers everywhere.

To sign up for events please contact Mr. Garrett Holloway:  
Email - [garrett.holloway.1@us.af.mil](mailto:garrett.holloway.1@us.af.mil) | Phone - 277-2784



# Aquatics

275-GYMI

Aquatics is now part of Fitness and Sports! Sign up for Swim Lessons at the Rosburg Fitness Center.

## Swim Lessons Session 2

July 10-12 and 17-19 | 10am-1pm

\$50 | Sonic Splash Pool

Sign up on June 24 at 9am at the Rosburg Fitness Center\*

Designed for all levels, classes allow swimmers to develop good habits in, on, and near water. Swimmers also become comfortable in the water, learn and refine new strokes, and become stronger, safer swimmers.

**Class Levels for all Sessions:**

Parent & Child Levels 1-2 (6m-3yr)

Preschool Levels 1-3 (age 4-5)

Learn to Swim Levels 1-6 (age 6-15)

Adult Lessons (age 16 & up)

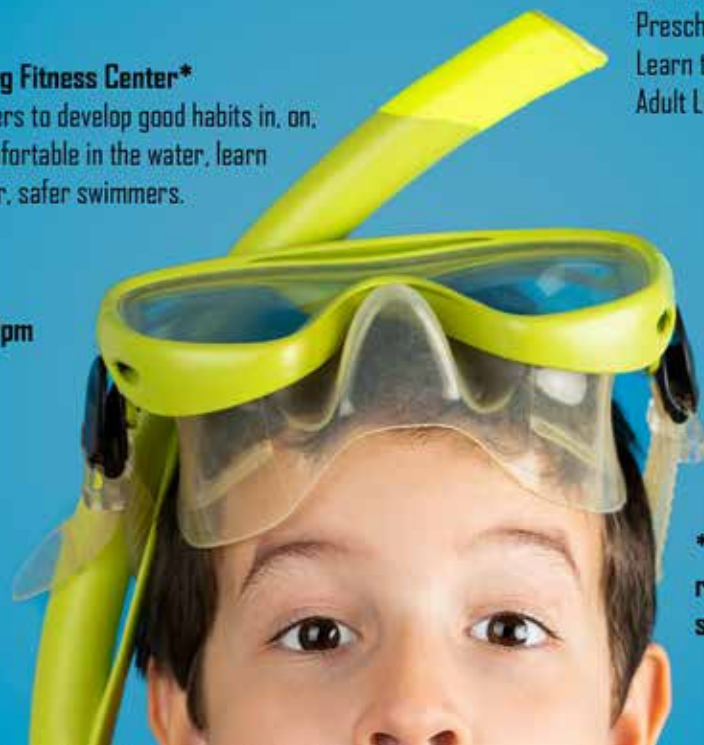
## Swim Lessons Session 3

July 24-26 and July 31-August 2 | 10am-1pm

\$50 | Sonic Splash Pool

Sign up on July 8 at 9am at the Rosburg Fitness Center\*

Designed for all levels, classes allow swimmers to develop good habits in, on, and near water. Swimmers also become comfortable in the water, learn and refine new strokes, and become stronger, safer swimmers.



\*Due to class constraints, registering for consecutive sessions is not permitted.



## Surfing

Saturday, July 6, September 7 | 9am-12pm

\$20 R4R | \$130 all others

Sign up by June 28, August 30

Dive into the exhilarating world of surfing with expert-led lessons. Gear up with a wetsuit and all necessary equipment as you ride the waves and master the art of surfing.\*

## Ziplining

Saturday, July 20 | 9am-3pm

\$50 R4R | \$160 all others

Sign up by July 12

Experience the ultimate adrenaline rush on the Extreme Zipline Course - longer, higher, faster - with five thrilling ziplines soaring 200 feet above the ground, plus a side-by-side speed run and a 25-minute hike for the ultimate adventure!\*

## Whitewater Rafting

Saturday, July 27, August 17, August 24 | 6am

\$100 R4R | \$230 all others

Sign up by July 19, August 9, August 16

Get ready for an adrenaline rush on the Kern River! Experience thrilling white water rafting with stunning scenery. Lunch is provided, so you can refuel and keep conquering the rapids. Book your adventure now!\*



**R4R or Recharge for Resiliency** offers recreational and leisure activities to military members and their families to enhance well-being and promote resilience.

## Tandem Skydiving

Saturday, August 3 | 10am-4pm

\$55 R4R | \$200 All others

Sign up by July 26

Experience the ultimate thrill of tandem skydiving over Santa Barbara's coastline—free-fall from 10,000 feet with expert guidance. Take the leap today!\*

## Soaring

Saturday, August 10, September 28 | 9am-3pm

\$45 R4R | \$150 all others

Sign up by August 2, September 20

Experience the ultimate aerial adventure in a glider towed to one mile above ground. Glide serenely over vast desert, majestic mountains, and catch breathtaking views of Los Angeles before landing gently.\*

## Deep Sea Fishing

Saturday, August 31, September 14 | 5am

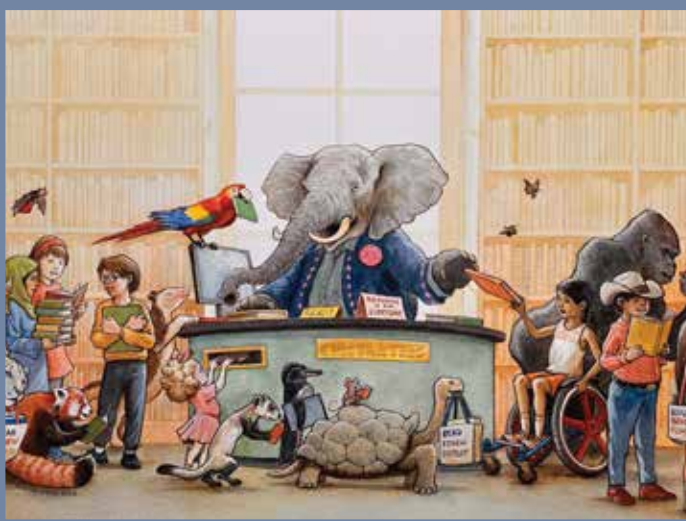
\$40 R4R | \$160 all others

Sign up by August 23, September 6

Reel in rockfish, halibut, yellowtail, and more in the stunning Channel Islands. Secure your California State Fishing License at the marina office and dive into an unforgettable fishing adventure!\*

\* Transportation is included.





## Summer Reading Program Saturdays | 10am

### July 6: STEAM Saturday- Archaeology

A very special STEAM Saturday for Summer Reading with special guests from Base Archaeology! Learn about what an archaeologist does, what has been found on Edwards, and make crafts!

### July 13: Kid's Crime Scene Day

Yoda's lightsaber has been stolen! Solve the crime with OSI and figure out who did it!

### July 20: Touch-A-Truck

Learn about the important vehicles on base! Fire, EoD, Police, and more!

### July 27: Baila Baila - Bilingual Children's Concert

Move, shake, and baila along with the music in this bilingual children's concert!

### August 3: Summer Reading Program Finale

The Grand Finale! Come pick up rewards, play, and see who has won the Grand Prizes! Food, bouncy castles, and more!



## Storytime

Every Wednesday in July and September | 10am

Ages 0-5

Come by for stories, songs, activities, and community!

## Friday Free Play

Every Friday | 10am

Come celebrate Friday mornings at the library with toys and activities for families to enjoy!

## Book Club Brunch at Sandbagger Grill

Saturdays,

July 13 | 12pm

August 10 | 10am

September 7 | 10am

Swing by the Sandbagger Grill at the Golf Course and enjoy a boozy breakfast book club on the patio! Bring your favorite book and join the discussion.

## STEAM Saturday

Saturday, September 14 | 10am

Ages 5-11

Visit the library to create, explore, and learn new things during our monthly STEAM Saturdays!

## Nerdy Thursdays

Thursdays | 4pm-5:30pm

### September 5: Adult Lego Night

Legos. Need we say more? (This event is for ages 18 and up)

### September 12: Dungeons & Dragons Meet Up

Hail and well met, travelers!

Come share tales of your adventures (and meet new players or DMs!) Bring your favorite minis to show off!

### September 19: Warhammer Meetup

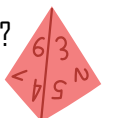
Blood for the Blood God, Skulls for the Skull Throne! Meet other players, bring your minis and your paint!

### September 26: Card Game Connoisseurs

Magic the Gathering, Pokemon, Yu-Gi-Oh, Gwent?

Bring your decks and talk to others.

If you like card games, this meetup is for you!







## Bowl with Superheroes!!

**Saturday, August 17 | 12-2pm**

Calling all young Superheroes!! We need all the superheroes we can find to save our bowling center from the evil Pinions! For just \$9.95 young bowlers get 20 minutes bowling, rental shoes, a fountain drink, and a snack. Time stacks, so three young superheroes bowling together would get 60 minutes! Dressing up is encouraged and we hope to see you there!!

## Kids Bowl Free

**Now - August 15**

**Free Bowling for Youth 17 & under**

Sign your kids up for the Kids Bowl Free program and enjoy 20 minutes of free bowling daily until August 15 (shoe rental not included)! Time stacks for multiple bowlers sharing a lane—three registered bowlers get an hour of fun! Visit [kidsbowlfree.com](http://kidsbowlfree.com), search the military bowling centers for High Desert Lanes, and register now! Youth registration is free, and families can get a family pass for a small fee. Don't miss out on this fantastic summer activity!

## Friday Fry-Day!!

**Friday, July 12**

National French Fry Day is July 13 but we will celebrate one day sooner, creating our Friday Fry-Day!! Save \$1 on baskets of fries all day long!!

## Ice Cream Sandwich Day!

**Friday, August 2**

Celebrate Ice Cream Sandwich Day with us and get our regular Ice Cream Sandwiches for only \$1!

## National Cheeseburger Day!!

**Wednesday, September 18**

What's better than enjoying a cheeseburger on National Cheeseburger Day? Getting a dollar off that cheeseburger!! On September 18 all burgers, all day, all \$1 off!!

## Pizza of the Month



### July: All-American Bacon Cheeseburger Pizza

Celebrate the 4th of July with our All-American Bacon Cheeseburger Pizza!! Beef, bacon, onions and a combination of mozzarella and cheddar cheeses will have you seeing fireworks!!

### August: Deluxe Vegetable Pizza

Spend August eating lighter with our Deluxe Vegetable Pizza! Start with our cauliflower crust and top it with red and yellow peppers, red onions, and fresh mushrooms!

### September: Garlic Shrimp Pizza

Our September Pizza of the Month is our Garlic Shrimp Pizza!! Diced garlic and succulent shrimp join our vine ripened sauce for a unique treat!!

Welcome to the  of Aerospace Valley!



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Palmdale



Explore every edge at

[visitpalmdale.org](http://visitpalmdale.org)

No Federal Endorsement of Advertiser Intended.

## Paint & Wine Night

Friday, July 12, August 2, & September 6 | 7-9pm  
\$30

Join us at Club Muroc for Paint & Wine Night. All supplies and live instruction included as well as your 1st glass of wine. Additional food and beverages will be available for purchase. Sign up early, space is limited. Paintings will be announced on Facebook @EdwardsAFBAC in advance.

## Cocktails & Ceramics

Friday, July 26, August 16, & September 20 | 7-9pm  
\$30

Join us at Club Muroc and paint ceramics. One glass of your choice of a well cocktail, beer, or wine is included. All pieces will be fired in a kiln and ready for pick up a week later at the Arts & Crafts building.



## Figure Friday

Friday, July 19, August 9, & September 13 | 7-9pm  
\$30

Unlock your artistic potential with our NEW Drawing Figure Class! Embark on a journey of creativity and skill development with our artistic staff. Whether you're a seasoned artist honing your craft or a beginner eager to explore the world of drawing, our class offers something for everyone.

## Macrame & Wine

Friday, August 23 & September 27 | 7-9pm  
\$30

Craft Macrame wall planters at Club Muroc while savoring fine wine. Reserve your spot early for an evening of creativity and relaxation.

# COMEDY TOUR

## CARLOS MENCIA

featuring  
Dennis Gaxiola



Adult Comedy 18+ only  
Sat, 10 August • 7 PM  
Edwards Base Theater

Doors Open at 5:30 PM

# STAGE



# A Second "A" for PATIENT SAFETY

**SOUTHWEST HEALTHCARE PALMDALE REGIONAL MEDICAL CENTER**  
is dedicated to our patients' well-being. That's why we're proud to have earned  
the second "A" in a row in the Leapfrog Group's Hospital Safety Grade.



This national honor recognizes our efforts in protecting patients from errors, injuries, accidents and infections.

The Leapfrog Group is an independent national watchdog organization committed to healthcare quality and safety.

**WE THANK THE ENTIRE STAFF FOR THEIR PART  
IN ACCOMPLISHING THIS ACHIEVEMENT!**

Learn more about this and  
our other achievements at  
[SWHpalmdaleregional.com/awards](http://SWHpalmdaleregional.com/awards)



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# Muroc Lake Golf Course

275-PUTT

## Red, White, and Blue Tournament

Saturday, July 20 | 8am shotgun start  
\$20 plus optional cart & green fee  
SCGA handicap required.

## Base Championship Tournament

Saturday & Sunday, August 10 & 11 | 8am shotgun start  
\$60 AGF/\$80 Non-AGF

Flight winners will receive annual membership, food, and other prizes! Flighted individual stroke play limited to the first 80 players to sign up. Includes tournament prize fund, green fees, and food following play.

## MLGC Club Championship

Saturday & Sunday, Sept 28 & 29 | 8am shotgun start  
\$50 plus optional cart & green fee  
Two day flighted stroke play event with food and prizes.  
SCGA required.

## FLING GOLF IS HERE!

This over the shoulder throwing alternative has made it to Muroc Lake! Men's, women's, and children's fling clubs are now available for rent.

## E-4 and Below Twilight Golf Walking

Everyday | 1-5pm | \$3.50

Had a long day at work? Take a little time to relax and enjoy some golf! Our 'Twilight Special' is a great way to end the day, get a few holes in before dark!

## Sandbagger Grill

Stop by to explore our revamped menu and enjoy the best view on base from our patio, open 7 days a week!

## Host a Fundraising Tournament at Muroc Lake Golf Course

Why not have fun raising money for your organization? We offer 18 holes, cart fee and lunch for \$35 as part of a tournament package. Call MLGC to reserve a date.

IF I CAN DO IT,  
YOU CAN DO IT  
TOO!



1st Lt Sophie Rowe, USMC

## Military Retiree Appreciation Day

Saturday, September 7th, 2024  
8 am - 12 pm at Club Muroc, Edwards AFB

Door Prizes • Coffee • Pastries



Scan me to RSVP!

For more info contact Thomas Schamber  
tom.schamber10@gmail.com or 818-298-1218

Paid ad.

# Military & Family Readiness Center

## Armed Forces Voters Week

June 28, July 1, 2, 3 | 10am-3pm

The Installation Voting Assistance Office/M&FRC will be hosting a voter information and registration event! Each participant will receive a coupon for a FREE game of bowling!\*

## Continuation Pay/Promotion

Wednesday, July 10, September 18 | 1-2pm

Continuation Pay/Promotion encompasses the strategic evaluation and negotiation of continuation pay options and promotion opportunities within the military, providing service members with financial incentives and career advancements.\*

## TW Newcomer's Orientation

Thursday, July 11, August 1, September 5 | 7:45am-12pm

An introduction to Edwards AFB for all new hires and incoming Active Duty members. Spouses are encouraged to attend! TW Leadership, Helping Agencies, and installation programs will present a short briefing to Edwards followed by a bus tour with a narration from the Base Historian.\*



## Revitalize Your Resume

Wednesday, July 17 | 9-10am

Getting rejection letters from your dream job? It's time to update and revitalize that resume! Learn resume styles, crafting techniques, polishing methods and submission strategies! Elevate your resume today!\*

## Ditching the Dorms

Thursdays, July 25, August 29, September 26 | 1-2pm

Housing and financial briefs for members (E-4 & Below) moving out of the dorm. This briefing is located at Mojave Sky Community Center, 1365 Fitzgerald Blvd.\*

## Hearts Apart

Thursdays, July 25, August 29, September 26 | 5-7pm

Is your member Deployed? Come out & join us for our monthly get togethers to meet other families leadership! Please contact us at the M&FRC at 277-0723 or email 412fss.fsfr.afrc@us.af.mil.



## Bundles for Babies

Wednesday, August 7 | 9-11am

Having your first bundle of joy? Second? Third? Come and join us for valuable information for expectant parents to explore all areas of child and expenses related to having a newborn.\*

## Got LinkedIn?

Wednesday, August 14 | 9-10am

Unlock your career potential. Learn to navigate the platform, create a stellar profile, and embrace the power of networking. Elevate your professional journey.\*

## PCS Financial Planning

Wednesday, August 21 | 1-2pm

PCS Financial Planning involves personalized financial planning and assistance tailored to military members undergoing Permanent Change of Station (PCS), ensuring a smooth and well-managed transition for their financial well-being.\*



Paid advertisement.

## Employment Summit

Thursday, September 5 | 9am-4:30pm

Join us for an all-day event dedicated to empowering you for success! From honing your resume and mastering the art of dressing for success to polishing your interviewing skills, this comprehensive workshop has you covered. Discover valuable insights into your education benefits and seize this opportunity to prepare for our upcoming Job Fair! Open to all spouses, active duty members, and civilians. Equip yourself for career advancement.\*



## Fall Hiring Fair

Friday, September 20 | 10am-2pm

Step into your future at Edward's premier event of the year—the 2024 Fall Hiring Fair! Featuring a lineup of national, local, and on-base employers ready to fill positions, this is your chance to make meaningful connections and land your dream job. Don't miss out on this exclusive opportunity to meet face-to-face with potential employers and kickstart your career journey!\*



## Exceptional Family Member Program - Family Support (EFMP-FS)

The Exceptional Family Members Program - Family Support (EFMP-FS) provides services to all branches of the military, including active duty, retired, reservist, guard members, DoD civilians, contractors, NAF employees, and their immediate family members with special needs. EFMP-FS offers both on-base and off-base information and resources, conducts targeted research, provides opportunities to attend educational briefings, offers referrals, and organizes free events for children, adults, and the entire family. Trainings to learn more about IEPs, Pathways to Military Medical & Medicaid Benefits, Section 504 Plans, and Raising Voices for Advocacy.

Our events feature Mindful Monday workshops, which take place almost every Monday each month. The events encompass Storytime, Sensory STEAM Projects, Painting Workshops, Family Game Day, and so much more. Don't miss out on our quarterly sensory-friendly movie that has themed seating for the kiddos...we will be celebrating Grandparents Day this September with the Disney PIXAR movie, "Up".

Follow Facebook for event details, times, and locations: EDWARDSAFBEFMP. Contact Stef Warner EFMP-FS Coordinator at 661-277-0723 or stefanie.warner@us.af.mil.

## Retirement/TSP Planning

Wednesday, September 25 | 1-3:30pm

Retirement Planning/Vesting TSP involves strategically navigating the Thrift Savings Plan (TSP) to maximize financial security and benefits, ensuring a well-prepared and vested foundation for a fulfilling retirement.\*

## TAP Step 2: Pre-Separation Briefing

Tuesday, July 9, August 13, September 17 | 8am-2:30pm

During Step 2 Pre-Separation Briefing, members will be able to speak with MPF, Legal, SHPE, Education Center, and others to understand the Transition journey. Please note, members must complete Step 1 Initial Counseling prior to attending this briefing.

## TAP Step 3: Five Day Course

Monday-Friday, July 15-19, August 19-23, September 23-27

8am-4:30pm

This 3rd Step of your transition journey is filled with courses including Managing My Transitioning, Financial Planning, Department of Labor (DOL) courses on Employment, Veterans Affairs Benefits.



# SPLASH AND SAVE!

**DryTown Offers Exclusive \$20 Ticket Price for Military Families**

## **Family Glow Nights**

Beat the nighttime Summer heat on select Friday and Saturday nights.



SUMMER SEASON ENDS SEPTEMBER 2



[www.DryTownWaterPark.com](http://www.DryTownWaterPark.com)

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## Summer Bingo

Friday, July 19

Doors open 4:30pm | Game starts 5pm at Club Muroc

\$15 for first book | \$7 for each additional book

\$2 for dauber

Enjoy an evening of sun-soaked fun, thrilling games, and cool prizes. The grand prize? Four tickets to the Aquarium of the Pacific! Don't miss out on the excitement!



## Superhero Bingo

Friday, August 23

Doors open 4:30pm | Game starts 5pm at Club Muroc

\$15 for first book | \$7 for each additional book

\$2 for dauber

Answer the call of bingo with superhero-themed fun and thrilling prizes. The grand prize: two Magic Mountain tickets! Don your capes and masks for a night of adventure and excitement, and join fellow heroes for an unforgettable evening!

## Hollywood Bingo

Thursday, September 26

Doors open 4:30pm | Game starts 5pm at Club Muroc

\$15 for first book | \$7 for each additional book

\$2 for dauber

Lights, camera, action! Join us for Hollywood Bingo Night! Enjoy a dazzling evening of bingo with exciting, star-studded prizes. The grand prize: two Universal Studios tickets! Get ready for a night of Hollywood magic and fun!

# Information, Tickets & Travel

## 2-Day LEGOLAND Resort Hopper

(LEGOLAND + SEA LIFE + Water Park)

\$87 (gate price \$164)

Experience the 2-Day LEGOLAND Resort Hopper—an adventure to LEGOLAND California Resort! Dive into over 60 LEGO-themed rides, shows, and attractions, including Dino Valley. Enjoy two days of fun at LEGOLAND, SEA LIFE Aquarium, and LEGOLAND Water Park!

## Ikon Pass

Full Pass \$799 | Base Pass \$519

Unlock adventure with discounted Ikon Pass tickets! Enjoy unlimited access to top ski resorts and exclusive perks at an unbeatable price. Whether you're a seasoned skier or a snowboarding newbie, the Ikon Pass offers the ultimate winter experience.

## Dana Wharf Sport Fishing Trip

1/2-Day or Twilight \$42 (gate price \$61)

3/4-Day \$60 (gate price \$81)

Half-day and twilight fishing trips are perfect for everyone, from novice to expert fishers! Enjoy the great outdoors on this unique half-day fishing trip. Or fish for tuna, white sea bass, bonito, and more on the 3/4-day Dana Point fishing trip.

## Dana Wharf Whale Watching

\$39 Adult (gate price \$56) | \$29 Child (gate price \$56)

Sail out to sea and witness majestic whales in their natural habitat. An unforgettable adventure awaits!





Scan here to learn more about the FCC Program.



# Do what you love, from your own home!

Contact our Community Child Care Coordinator

Candace Lang

Comm: (661) 277-1595

Email: [candace.lang@us.af.mil](mailto:candace.lang@us.af.mil)



## BANKING THAT SOARS AS HIGH AS YOU DO

**AT EDWARDS FCU, WE GIVE YOU EVERYTHING** - from new checking account options, high-yield savings accounts to competitive loan options - you can count on finding everything you need at our credit union. Here are a few great reasons to become a member:

- **TAILORED FOR EDWARDS AFB:** Custom financial solutions designed for our Air Force community.
- **EXCLUSIVE BENEFITS:** Enjoy lower rates on loans, higher interest on savings, and fewer fees.
- **CONVENIENT ACCESS:** Online and mobile banking, plus a branch on base for easy, direct access.
- **FINANCIAL BUDGETING WORKSHOPS:** A free resource with guidance to manage your money successfully.

**Join Today! Call, click or stop by our branch at Edwards AFB - 10 South Muroc Dr., BLDG 2680 - to get started.**



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# Youth Programs

Youth Center 275-KIDS

Youth Sports 277-8961

Teen Center 275-TEEN

## Missoula Children's Theater

**Monday, July 8 - Friday, July 12**

Missoula Children's Theater will be coming to the Youth Center to produce *Gulliver's Travels*! Auditions will be on Monday, rehearsals throughout the week, and the final performance on Friday.

## Open Rec School Year Program Registration

**Begins Thursday, August 15**

**School Year Membership: \$270 | Transportation: \$200**

Don't forget to register your 9-12 year old's for the Open Rec School Year Program! Open Rec is open Monday through Friday from 2pm to 6pm (Yes! We are open early for collaboration and minimum days!). Participate in art, sports, STEM, education, wellness, leadership activities, 4-H clubs, and more! Optional transportation will be available for an added cost. Up-to-date flu vaccines required.\*

## Pre Teen Lock In

**Friday, August 23 | 6-11:59pm**

**\$20 per person | Ages 9-12**

Join us at the Youth Center for a Pre Teen Lock In! Come and enjoy bouncy houses, group games, "late night" kickball on the field, music and activities, dinner, and more! Extra snacks will be available for purchase from the Keystone Club.\*

## Disco Skate Night

**Friday, September 27 | 6:30-8:30pm**

**\$5 per person | Ages 9-12**

Come skate the night away at Disco Skate Night! Youth are invited to come dressed in their best disco attire to skate at the Youth Center. Bring your own skates and helmet or borrow some from the Youth Center. Snacks will be available for purchase by the Keystone Club.\*

## School of Music

The School of Music is now accepting applications for the summer semester. Music lessons are available for piano, guitar, voice, and drums for ages 5 and up. For pricing and scheduling, call the Youth Center.\*



## Teen Center Keystone Club

**Wednesdays at 3:15pm**

**Ages 13-18 (must be enrolled in high school)**

Join us on Wednesdays for our leadership club at the Teen Center! No sign-up is required, just show up to the meetings.

## Challenger Soccer Summer Camp

**Monday, July 29 - Friday, August 2**

Incorporating the best coaching methodologies from around the world, players will work on technical foundation skills in a fun and safe environment. More than just a soccer camp; a cultural, educational, and informational program that uses soccer to teach core values of responsibility, respect, integrity, sportsmanship and leadership.

## Flag Football Registration

**Monday, August 5 - Friday August 16**

**\$90 per person | Ages 5 & up**

Come join our NFL Flag league. Learn the foundational skills of football with minimal contact and risk for injury.\*

## Start Smart Football Registration

**Monday, August 5 - Friday August 16**

**\$40 per person**

Parent-child groups perform motor skills tasks that gradually build confidence in children while having fun at the same time.\*

\*Register in the CYPBMS Parent Portal. If you need assistance with creating an account, please contact the Youth Center.



# Helping Agencies

277-6711

## September is Suicide Prevention Month

Make time for daily connection--even the smallest moment can have a big impact for someone feeling hopeless or lonely. Be genuine, there is no special training needed to show you care--ask how someone is doing, then really listen to what they say and how they say it.

Foster a culture of help seeking behavior, let everyone know there's no shame in asking for help.

Know the facts, seeking/receiving help is protected by law against discrimination.

Don't just notice that someone is showing signs of suicide risk (hopelessness, anxiety, self-destructive behavior, etc.)--be an ACE--ask, care and escort them to the assistance they need.



**Ask** your Teammate "Are you thinking of harming yourself?"

**Care** for your Teammate by actively listening and not judging

**Escort** your Teammate to the Chaplain, Medical/Mental Health Professional

**#ConnectToProtect**  
Support is Within Reach



To locate local MST coordinator visit [www.va.gov/health](http://www.va.gov/health)

The New Parent Support Program (NPSP) is here to guide military families through the journey of parenthood, offering invaluable resources and support during pregnancy, infancy, and beyond. With a focus on enhancing the well-being of both parents and children, NPSP provides essential information on prenatal health, infant care, parenting skills, and more. Whether you're expecting your first child or already navigating parenthood, NPSP empowers you to build strong bonds with your little ones, manage the unique challenges of military life, and create a supportive network within your community.



Scan for NPSP class information.



Scan for Family Advocacy Program Facebook for events, news, articles, and resources.

## Light Up the Night! Glow Resiliency Fun Run/Walk

Saturday, July 13

Join us for an evening of fun and fitness at the Mojave Sky Community Center, located at 1365 Fitzgerald Blvd. Activities begin at 8:30pm, with the run/walk starting at 9:00pm. Don't miss out on this glowing night of community and resilience!



**Sexual Assault Prevention & Response Office**  
661-277-7272  
24-hour Hotline: 661-209-0115  
Sexual Assault Response Coordinator: 661-899-1126  
SAPR VA: 661-899-1127

# 472 FSS Edwards Foodie Guide

Ready for a tasty tour of Edwards' best eats? From savory sensations to delightful bites, this foodie guide highlights some of our favorites. Get ready to dig in and discover the flavors that make Edwards a food lover's paradise!



Kickstart your day with a flavor explosion at Sandbagger Grill in Muroc Lake Golf Course! Our **Breakfast Burrito** is the perfect tee-off treat, packed with all the essentials to fuel your adventures on the greens or anywhere else at Edwards.

Saddle up for lunch with our **Ranchero Burger** at Sandbagger Grill! Grab a seat on our patio overlooking the green and indulge in flavorful bites with a view.



Discover a slice of fun at Strike Zone in High Desert Lanes, where our pizza lineup steals the show! From classic favorites to our innovative **Cauliflower Crust Pizza**, every bite is a tasty adventure.



Indulge in our homemade **Lumpia** at Club Muroc! Savor these Filipino delights at Fogleman's Lounge in the evenings and featured at the Asian themed Action Station. Each crispy parcel is bursting with seasoned ground pork and veggies, offering a taste of home-cooked comfort.

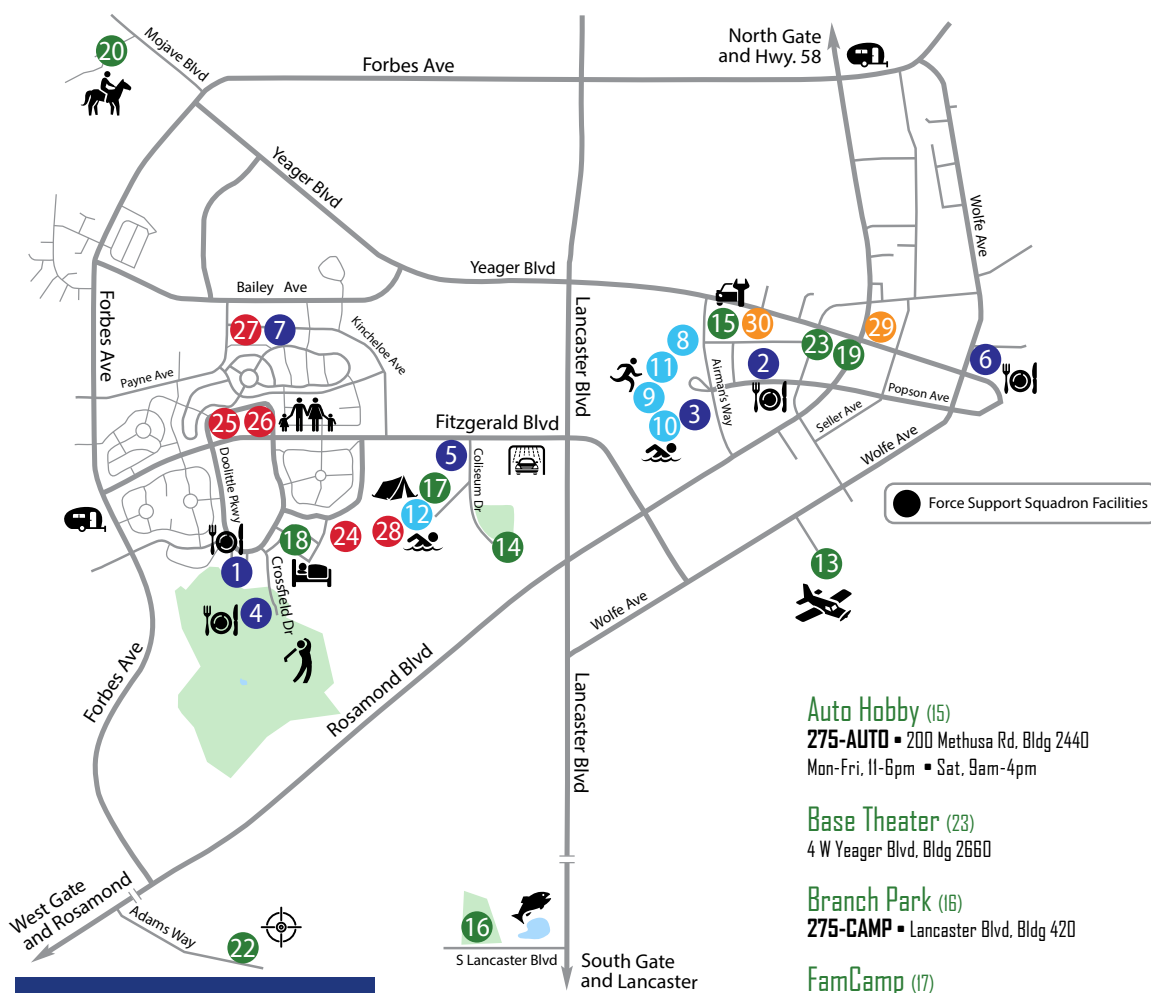


# JULY

# AUGUST

# SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 Isometric Challenge Storytime	4 <b>Independence Day</b> Summer Bash	5 Family Day	6 Surfing Summer Reading
7	8	9	10 Continuation Pay Storytime Swim Lessons	11 Smartphone Trivia Newcomer's Orientation	12 First Friday Friday Fry-Day Paint & Wine	13 Book Club Brunch Summer Reading
14	15	16 Members Lunch	17 Revitalize Your Resume Storytime	18 Sip & Dip	19 Karaoke Summer Bingo Figure Friday	20 Ziplining Summer Reading Golf Tournament
21	22	23 Smartphone Trivia	24 Swim Lessons Storytime	25 Ditching the Dorms Hearts Apart	26 Texas Hold'em Cocktails & Ceramics	27 Whitewater Rafting Summer Reading
28	29 Soccer Summer Camp	30	31 Storytime	1 Newcomer's Orientation	2 First Friday Paint & Wine Ice Cream Sandwich Day August Aquathon Karaoke	3 Tandem Skydiving Summer Reading Finale
4	5	6	7 Bundles for Babies	8 Smartphone Trivia	9 Inspiration in Motion Figure Friday Live Band Karaoke	10 Soaring Carlos Menca Inspiration in Motion Book Club Brunch Boards & Brews
11 Golf Tournament	12	13	14 Got LinkedIn?	15 Mixology	16 Comedy from the Corps Cocktails & Ceramics	17 Whitewater Rafting Bowl with Superheroes
18	19	20	21 Members Lunch PCS Financial Planning	22	23 Texas Hold'em Supperhero Bingo Macrame & Wine Pre-Teen Lock In Karaoke	24 Whitewater Rafting
25	26	27 Smartphone Trivia	28	29 Ditching the Dorms Hearts Apart	30 Family Day	31 Deep Sea Fishing
1 Labor Day Tap-a-thon	2 Labor Day	3	4 Macadamia Nut Day Storytime	5 Employment Summit Adult Lego Night Newcomer's Orientation	6 First Friday Paint & Wine Karaoke	7 Surfing Book Club Brunch
8	9	10	11 Storytime	12 Smartphone Trivia D&D Meet Up	13 Figure Friday	14 Deep Sea Fishing STEAM Saturday
15	16	17	18 Cheeseburger Day Continuation Pay Storytime	19 Members Lunch Tacos & Tequila Warhammer Meetup	20 Texas Hold'em Cocktails & Ceramics Fall Hiring Fair Karaoke	21
22	23	24 Smartphone Trivia	25 Retirement/TSP Planning Storytime	26 Hollywood Bingo Hearts Apart Card Game Connoisseurs Ditching the Dorms	27 Oktoberfest Macrame & Wine Disco Skate Night	28 Soaring Golf Tournament BMX Pros Trick Team
29 Golf Tournament	30					



## DINING

### Club Muroc (1)

**277-2830** • 275 Doolittle Pkwy, Bldg 5600  
Tue-Thur, 10:30am-2pm • Fri, 10:30am-2pm  
**Fogleman's Lounge** Tues-Thurs, 4-7pm  
Fri, 3-10pm • Closed Holidays

### Joshua Tree Dining Facility (2)

**275-3662** • 130 W Popson Ave, Bldg 2412  
Mon-Fri, 5:30-8am, 10:30am-1pm, 4-7pm, 11pm-1am  
Sat & Sun, Holidays & Family Days, 6am-1pm,  
4:30-7pm, 11pm-1am

### Panda Express (3)

**258-0755** • 205 W Popson Ave, Bldg 2500  
Mon-Fri, 10am-7pm

### Sandbagger Grill (4)

**275-SAND** • 111 Crossfield Dr, Bldg 5611  
(Located inside Muroc Lake Golf Course)  
Mon-Sun, 7am-2pm

### Strike Zone (5)

**275-BOWL** • 205 Fitzgerald Blvd, Bldg 5214  
(Located inside High Desert Lanes)  
Mon, 10:30am-3pm • Tue-Thur, 10:30am-6:30pm  
Fri, 10:30am-7:30pm • Sat, 12-6:30pm

### Subway (6)

**258-7623** • 1610 Yeager Blvd, Bldg 1610  
Mon-Fri, 9am-2pm

### Subway (7)

**258-9856** • 1100 Kincheloe Ave, Bldg 7210  
Mon-Fri, 9am-7pm

### Wingstop (6)

**258-4200** • 1610 Yeager Blvd, Bldg 1610  
Mon-Fri, 10am-6pm • Closed Sat-Sun

## FITNESS

### Mojave Greens Disc Golf (8)

**275-GYMI** • Mon-Sun, Sunrise-Sunset

### Oasis Aerobic Center (9)

207 W Popson Ave, Bldg 2501

### Oasis Aquatic Center (10)

**275-SWIM** • 207 W Popson Ave, Bldg 2501  
Mon-Fri, 6-8pm & 10am-1pm • Tue-Fri, 3:30-6pm

### Rosburg Fitness Center (11)

**275-GYMI** • 210 W Popson Ave, Bldg 2200  
Mon-Fri, 5am-9pm • Sat, Sun, Family Days &  
Holidays, 24/7 access with registered CAC card

### Sonic Splash Pool (12)

**277-3552** • 24 Lathrop Dr, Bldg 5202  
Open seasonally • Hours at edwardsfss.com

## RECREATION

### Aero Club (13)

**275-AERO** • 235 S. Flightline, Bldg 1202, Rm 109  
Office: Mon-Fri, 8am-4pm • Closed Holidays  
Flying during daylight hours

### Arts & Crafts (15)

**275-ARTS** • 200 Methusa Rd, Bldg 2440  
Mon-Fri, 9am-6pm  
Closed Holidays & Family Days

### Arnold Park (14)

**275-CAMP** • Caliseum Dr, Bldg 5211

### Auto Hobby (15)

**275-AUTO** • 200 Methusa Rd, Bldg 2440  
Mon-Fri, 11-6pm • Sat, 9am-4pm

### Base Theater (23)

4 W Yeager Blvd, Bldg 2660

### Branch Park (16)

**275-CAMP** • Lancaster Blvd, Bldg 420

### FamCamp (17)

**275-CAMP** • 5217 Lathrop Dr

### High Desert Inn (18)

**275-ROOM** • 5602 Honts Dr, Bldg 5602  
Open 7 days a week, 24 hours a day

### High Desert Lanes (5)

**275-BOWL** • 205 Fitzgerald Blvd, Bldg 5214  
Mon, 10:30am-3:30pm • Tue-Thur, 10:30am-7pm  
Fri, 10:30am-8pm • Sat, 12-7pm • Closed Sunday

### Information, Tickets & Travel (3)

**275-TRIP** • 205 W Popson Ave, Bldg 2500  
Mon-Fri, 8am-3:30pm

### Library (19)

**275-BOOK** • 5 W Yeager Blvd, Bldg 2665  
Mon, Wed, Thur, Fri, 9am-5:30pm  
Tue, 10am-7pm • Sat, 9am-2pm  
Closed Holidays, Open Family Days

### Muroc Lake Golf Course (4)

**275-PUTT** • 111 Crossfield Dr, Bldg 5611  
Mon-Sun, 7am-5pm

### Oasis Community Center (3)

**275-CNTR** • 205 W Popson Ave, Bldg 2500  
Mon-Fri, 8am-4pm

### Outdoor Recreation (3)

**275-CAMP** • 205 W Popson Ave, Bldg 2500  
Mon-Fri, 9am-5pm • Closed Holidays

### Stables (20)

**275-CAMP** • 101 Landfill Rd

### Scorpion's Nest Paintball (22)

**275-CAMP** • 210 Adams Way, Bldg 210  
Private group reservation only.

## YOUTH & FAMILY

### Military & Family Readiness (24)

**277-0723** • 90 Farrell Dr, Bldg 5620  
Mon-Fri, 7:30am-4:30pm  
Closed Holidays & Family Days  
Closed 2nd Friday of month for training

### Child Development Center (25)

**275-TOTS** • 1305 W Fitzgerald Blvd, Bldg 6457  
Mon-Fri, 6:15am-6pm

### Family Child Care (24)

**277-1595** • 1305 W Fitzgerald Blvd, Bldg 6457  
Mon-Fri, 6:15am-6pm

### School-Age Care (26)

**275-PLAY** • 1208 W Fitzgerald Blvd, Bldg 6459  
Mon-Fri, 6:15am-6pm

### School Liaison (29)

**277-2456** • 5 N Seller Ave, Bldg 3000

### Teen Center (27)

**275-TEEN** • 7211 Kincheloe Ave, Bldg 7211  
Mon-Fri, 2-6pm

### Youth Programs (28)

**275-KIDS** • 24 Lathrop Dr, Bldg 5210  
Office: Mon-Fri, 11am-5pm  
Facility: Mon-Fri, 2-6pm

### Youth Sports Program (28)

**277-8961** • 24 Lathrop Dr, Bldg 5210

## 412 FORCE SUPPORT

### Administration (29)

**277-4240** • 5 N Seller Ave, Bldg 3000  
Mon-Fri, 8am-4pm

### Civilian Health Promotion Services (11)

**277-3667** • 210 W Popson Ave, Bldg 2200

### Civilian Welfare Fund (29)

**277-5644** • 5 N Seller Ave, Bldg 3000

### Education & Training (30)

**277-2713** • 140 Methusa Rd, Bldg 2453  
Mon-Fri, 7:30am-4:30pm

### Honor Guard (30)

**275-BLUE** • 148 Methusa Rd, Bldg 2462

### Marketing (15)

**275-3826** • 200 Methusa Rd, Bldg 2440

### Military Personnel Flight (29)

**277-4281** • 5 N Seller Ave, Bldg 3000

### NAF Human Resources Office (29)

**275-WORK** • 5 N Seller Ave, Bldg 3000

### Civilian Personnel Office, Customer Service (29)

**277-3840** • 5 N Seller Ave, Bldg 3000

### Private Orgs (29)

**277-5644** • 5 N Seller Ave, Bldg 3000

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Can you find me?

## Jimmie's SABRE Adventure

Hello, fellow adventurers of SABRE magazine! It's your mischievous friend Jimmie the Jackalope here, and I've got a thrilling challenge for you all. Are you ready to join me on a game of hide and seek?

I've tucked myself away somewhere within the pages of this fantastic magazine, and it's up to you to track me down! Once you spot my shadow, whip out your phone and text my location to 661-688-1711.

Get it right, and you'll be in the running to win a fabulous prize: a \$25 FSS gift card! The winner will be chosen on October 1.

So, what are you waiting for? Sharpen those detective skills, flip through the pages, and let the hunt for Jimmie the Jackalope begin! Good luck, my friends, and may the most eagle-eyed reader emerge victorious!

